

## GET A LIFE - NO FEAR

By Elton J Mellum

Early Christians faced a lot of fear. If it was discovered that they were of that Christos sect they very well might be killed even burned at the stake. Yet the message of no fear but only love, hope and forgiveness spread rapidly.

It reached the man Saul whose job it was to imprison and even kill these Christians and who later became Saint Paul one of the main leaders of the early church and whose letters comprise a great deal of the New Testament writings. It eventually even reached Constantine, the Roman Emperor.

Young people face different kinds of fear today. The threat of nuclear annihilation, the constant threat of war, the bombardment of hate via national media and social media, the visions of real death and maiming of movies and video games, the loaming threat of terrorist in their midst and the instant death they bring and the devastation of drugs and alcohol that promised so much relief.

The negative hate filled teaching of teachers who should never be allowed to program hate into the minds of our children. And the self absorbed teachings of self proclaimed clergy who offer solutions that don't work and only intensify the dialogue of fear.

So I want you young people, and all people, to know fear is not a new feeling and that's precisely why the message of a big God of love, hope and forgiveness when understood helps us to overcome fear by discovering our own clear mind that delivers the power for happiness and peace of mind.

The whole world offers a glimpse of order and design of creation. It is often said that we can discover the meaning of life by observing what works and what doesn't work in the world we live in. For example:

Hate doesn't work because it can destroy both the hater and the hated

Forgiveness works because it allows us the forgive ourselves and live in peace with others.

Killing doesn't work because it is never the end because then those who care about the one killed will seek to kill the killer

Forgiveness works because it brings peace and the peace of mind required to live with a clear mind.

Stealing doesn't work because it brands you as untrustworthy and one to avoid. It also doesn't gain you anything lasting,

Giving to those in need brings you joy and raises up yourself image which in turn brings you happiness.

Adultery doesn't work because it destroys many relationships from both families And is only self serving with no consideration for the dignity of life and the power of love. It's way more than sex. It's the destruction of relationships meant to be part of the order of the universe.

Love works because it demands nothing in return and therefore lifts up both the loved and the lover. It is also the power to bring peace among mankind.

Coveting what your neighbor has creates "keeping up with Jones " attitude which generates discontent, Depression and anger on your part And distrust of those you envy. This leads to Greed and GREED to hate, murder and war.

This is how we learn about the will of the Creator that is built into His design of the universe and This is how the ten commandments came into being. Observation and experience of people long ago that still is today.

Today everyone and everything seems to be tugging at you to go this way or that. Some are trying to program your mind to believe in their ways and their cause. But what they don't understand is that their ways may not be the ways of the creator. As the early writer expresses "vanity of vanity it is all vanity and to capture the substance of it all is like trying to catch a handful of wind."

It takes a clear mind to choose wisely and to choose wisely you must understand history and the creators established plan of the universe. A famous historian has said “ those who do not understand history are doomed to repeat it“ history shows both the good times when the planet is at peace and the bad times when it is not.

So where do you gain the knowledge to deal with your life without drugs, alcohol and violence?

Can you think of anything bigger than the power that created this vast universe and inhabited a planet earth with human beings and all the creatures of this earth. And, oh by the way, put the breath of life in you!

Now after the WOW don't race to your car and speed to your nearest church.

Walk carefully for you will find many there whose God is also too small You will find both members and ministers who are so bogged down in the details of trying to live by their congregations laws and rules as well as their personal ideas that they are too busy looking down at their laws and customs and in figuring out their next “prayer to share” to look out at the power of the creation around them and see a God who is in the mind of the universe and whose mind is available to you and all mankind to discover the power around you, in you, and available to you to cause you to have a clear mind. And that clear mind will deliver the power you need to navigate successfully in the life you have to live.

You can find this big God in the telescope, in math equations, in History, in the scripture accounts, in the power of discovery in science, medicine, engineering, architecture, psychology, philosophy, art and theology if you approach them with a clear mind and an open mind.

I read once there are two kinds of minds. “One is like a parachute which works best when it is open and the other is like concrete, all mixed up and permanently set.”

Young people ‘life is a challenge so challenge life’ by listening to this Big Gods voice in your mind and seek truth about everything.

Then have faith in what you know and who you are. This alone can heal a mind, it can change a life, it can bring peace and joy beyond normal human understanding.

### **A CLEAR MIND DELIVERS POWER!**

It's amazing! that is why early Christians risk their lives to create a church to carry this message forward. They were free at last, free minds to explore the mind of God, this Jesus had set their minds free from the restraints of ritual laws and gave them a clear mind more powerful than even the Roman Empire. He gave them a spirit full of excitement bigger than life; a spirit of clarity which motivated them to tell the whole world.

Once the Roman emperor bought into their message he wanted order as did the St Paul. So grew an organized church with all the problems to solve. And in a sense church and state once again were becoming one and what was at first good later became essentially a bad thing. {A later time}

There is the story of the young Indian brave who asked his grandfather why some people were good and some people were bad. His grandfather answered, "there are two dogs fighting in you one is good and one is bad." His grandson quickly asked, "which one will win?" his grandfather answered, "the one you feed"

You will be confronted by both good and evil in life. And evil will- tell you -the lie that That this will make you powerful and happy, the lie that this is the right way to go. Good will -show you- the way to find harmony with yourself and with the universe... whichever one you choose to feed will be determine your direction and ultimate outcome.

So back to the fears you imagine. Another Indian wisdom saying "the fear of the wolf makes him bigger than he is"

With no understanding of the Creators world and the power of it you are left in a desert of desire, fear, and without the power to rise above it. So in the words of Jesus "seek and you will find knock and it shall all be opened to you" for in seeking the wisdom of an almighty creator you will discover the meaning of life, your life as it fits seamlessly in the world you live in. and like creation it will be Good.

A word to you who minister. forget saving souls, and forget damnation and trying to scare the hell out of our highly educated youth. Get yourself educated about the will of God as revealed in the design of the universe. Quit trying to make the biblical narrative a science book and let God be God and don't try to make the words of the bible narrative justify what you believe. Open your minds to reality not fantasy or you will drive our youth elsewhere in an attempt to find truth. The bible is about teaching how to live by faith not about how to get to some hereafter.

Young people of the world "Program your mind with truth it will lead you to the life you long for."